# ISTANA

Hair & Beauty

Guest Service Menu

**AVEDA** 

**C** 01569 762300

**©** 07709 035962







It is our collective and individual responsibility to preserve and tend to the environment in which we all live.

Dalai Lama





wwww.istanahb.com

Allergy tests are required for all hair and beauty colour services 48 hours prior to first appointment.

## Colour Services

Service	Michelle	Nicola
Highlights Full	£76	£76
Highlights Half	£38.50	£38.50
Scattered Highlights	£55	£55
All Over Colour	£57	£57
Full Root Re-Touch	£36.50	£36.50
Glossing/Toner	£33	£33
Balayage/Ombre	Price From	£170
Balayage Refresh	£87	£87
Colour Correction  Don't forget to add o	Price From	

## Cutting & Styling

Shampoo, Cut & Blow Dry	£49.50	£49.50
Shampoo & Blowdry	£45	£45
Wet Cut & Blow Dry	£36.50	£36.50
Restyle	available on a	onsultation
Clipper Cut/ Scissor Cut 15 Minutes	£24	£24

## Hair Treatments

	Price
Damage Repair  Botanical Repair™ Treatment . 10 Minutes  Botanical Repair™ Color Treatment 15 Minutes  Botanical Repair™ Scalp and Hair Treatment 60 minutes	£15 £18 £40
Hydration/Moisture  Nutriplenish™ Ultimate Hydration Treatment for All Hair Types and Textures <sup>25</sup> minutes  Nutriplenish™ Ultimate Hydration Treatment for Textured Hair <sup>60</sup> minutes	£27.50
Thicker, Fuller Hair Invati™ Treatment for Thicker, Fuller Hair	£27.50
Healthy Scalp Scalp Solution Treatment 25 minutes	£27.50
Shine Aveda Shine Treatment 10 Minutes	£15

Reiki by Nicola

A therapy often described as palm healing or hands-on-healing through transfer of universal energy to facilitate a process of emotional and/or physical healing. It's simple, safe and non-intrusive.

**60 Minutes** 

£40

## Access Bars

Access Bars® are 32 points on your head that, when gently touched, effortlessly, and easily release anything that stops you from feeling joy and ease in your life.

These points contain all the thoughts, ideas, beliefs, emotions, and considerations you have stored. This is an opportunity for you to let go of everything!

60 Minutes

£40

Don't forget to add on your cut and style

Aveda Shine + Tone Treatment 25 minutes



£27.50

Additional charges for thick or long hair, please discuss with stylist.

# Lycon Waxing

Eyebrow Shape	£12.50
Lip	£10
Chin /// ///	£9.50
Lip & Chin	£15
Full Face	£25.50
Under Arm	£20
Half Leg	£25
Full Leg & Bikini	£55

### Intimate Waxing

Bikini	£20
G-String	£26
Brazilian	£48
Hollywood	£46



# Eye/Brow Treatments

Eyebrow Tint	£10
Eyebrow Tint & Shape	£17.50
Lash Lift	£30
With Lash Tint	£37.50
Audrey Hepburn Extensions	£17.50

## Aveda Spa Treatments

#### Aveda Facials

Transform the look and feel of your skin. Improve your skin texture, increase radiance, get relief from blemishes or repair and regenerate the skin.

## Aveda Massage

Relieve tension, stress & fatigue with a personalized massage. Using the power of natural aroma you can choose from stress-fix elemental nature balancing massage.

## Aveda Body Treatments

Smoother softer skin texture, body detoxification, circulation stimulation and increased hydration can all be achieved with a customised Aveda body treatment.

Choose from an exfoliating salt body scrub that leaves the skin looking and feeling great, a back treatment or a warming body wrap as part of the overall treatment. Just choose your time frame and your therapist will completely customise your treatment, the products used and the massage/manipulation technique.

30 Minutes	£35
60 Minutes	£60
90 Minutes	£75

## Indian Head Massage

The main focus of Indian head massage is to relieve the tension in head, face, neck and shoulders area. However, it has many physical and psychological benefits. First and foremost, it alleviates symptoms of migraines and tension headaches. It is very effective in alleviating neck and shoulder tension, pains and aches

## Reflexology

Reflexology is the application of pressure to areas on the feet.

Reflexology stimulates the body into healing itself by improving circulation, reducing stress, pain and restoring natural balance

30 Minutes	£35
45 Minutes	£50

# **Eyelash Extensions**

Classic	£45
Classic Infill	£30

Full Set £70

LA Mega Volume (2.5Hrs)

Lash Bath

If you don't have any lash extensions, this is for you! Full 30 minute eyelash consultation to design your perfect set.

Get ready for your bespoke design the fullest, lightest, fluffiest lashes of your life.

f100

£7.50

LA Mega volume (2.51 ms)	2100
1 Week Infill 2 Week Infill 3 Week Infill	£45 £50 £55

Removal £25.50

30 minutes & includes an eyelash conditioning treatment

